

UW Medicine

UW SCHOOL
OF MEDICINE

50th Annual

ADVANCES IN FAMILY MEDICINE & PRIMARY CARE



Monday-Friday

September 12-16, 2022

Online via Zoom Webinar

Sponsored by UW School of Medicine
Department of Family Medicine
Division of Allergy & Infectious Diseases
Office of Continuing Medical Education

TARGET AUDIENCE

This course is designed for family physicians and other primary care providers including internists, pediatricians, osteopathic physicians, physician assistants, nurse practitioners, and others interested in primary care. All clinicians providing primary care from all training backgrounds and specialties would benefit from this activity.

COURSE DESCRIPTION

This is the 50th year that the Department of Family Medicine at the University of Washington School of Medicine is offering educational opportunities for family medicine and primary care health care providers, *including a one-day infectious disease option.*

Each year, our goal is to provide current information about practice skills and the diagnosis and management of a broad array of primary health care issues within family medicine, cardiology, endocrinology, psychiatry and behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics, and gastroenterology.

We are pleased to offer this course via live webinar.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation

The University of Washington School of Medicine designates this Other activity for a maximum of 25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Apply new knowledge and skills from family medicine, cardiology, endocrinology, psychiatry and behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics, and gastroenterology to the care of patients in primary care.
- Review and apply the most recent guidelines from the United States Preventive Services Taskforce (USPSTF).
- Identify and discuss evidence-based updates from recent studies and professional organizations.



FEES AND REGISTRATION

To enroll, please register online at uwcmc.org. If you have not received confirmation, please contact the CME office at cme@uw.edu. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

	Registration Fee
All Learners (Mon-Thurs)	\$550.00 USD
Resident/Fellow/Student (Mon-Thurs)*	\$250.00 USD
Add-on: Infectious Disease Update (Friday only)	\$135.00 USD
<i>*Resident/Fellow/Student rate requires written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.</i>	
Beginning August 29, 2022, the registration rate will increase by \$50	

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit recording, instructional materials, transcript of credit, record keeping, faculty planning and evaluation.

REFUND AND CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **August 29, 2022**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **August 29, 2022**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and issued a full refund. The University of Washington is not responsible for any other costs incurred. Contact the CME Office with questions – cme@uw.edu.

Prior to the start of the webinar, please ensure you have the appropriate system requirements to view the webinar. No refunds will be available for technical issues not controlled by UW CME.

SPECIAL SERVICES

The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • Email: dso@uw.edu



ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only). Materials will be available beginning on **September 6, 2022**, for registrants to print and/or download.

EXTENDED ATTENDANCE OPTIONS

Learners can participate in the live offering between September 12-16, 2022 and claim credit for participation. Credit will also be available through February 3, 2023 for watching the recorded content for those sessions the learner was unable to participate in live. A competency measurement will be required for watching recorded content for credit. **Please note, you may not claim credit twice for participating in the live webinar and then subsequently watching the recording.** Learners must register for the virtual offering in order to receive access to the recorded content and material.

WEBINAR TECHNICAL REQUIREMENTS

Additional technical requirements can be found on the UW CME website (uwcme.org). Minimum browser requirements for successful access and completion for this activity are as follows:

- Chrome version 70.0 or newer, or Firefox version 63.0 or newer.
- You may use any browser to view the Zoom webinar.

AAFP (FOR LIVE WEBINAR)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.



Course Planners

CHAIR

Grace Shih, MD, MAS
Associate Professor of Medicine
Department of Family Medicine

PLANNING COMMITTEE

Department of Family Medicine

Jeanne Cawse-Lucas, MD
Mae Dirac, MD, PhD
Joseph Nelson, MD
Daytheon Sturges, PhD, MPAS, PAC

Guest Faculty

Margaret Chin, MD
Family Medicine Physician
Washington Permanente Medical Group
WPMG Cancer Screening
Quality Champion
WPMG Informatics Champion

Frank Domino, MD
Professor
University of Massachusetts Medical School
Editor, 5 Minute Clinical Consult
UMass Memorial Health
Shrewsbury, MA

John B. Dunn, MD, MPH
Medical Director
Preventive Care
Kaiser Permanente Washington

Alexander Krist, MD
Professor
Family Medicine and Population Health
Virginia Commonwealth University
Richmond, VA

David Malebranche, MD, MPH
Associate Professor
Morehouse Healthcare

Matt Perez, MD
Physician, Site Medical Director
Neighborcare Health
Clinical Assistant Professor
Department of Family Medicine

ID Update Faculty

Paul Pottinger, MD, FACP, FIDSA
Chair, ID Update Course
Professor
Division of Allergy & Infectious Diseases

Jehan Budak, MD
Assistant Professor
Division of Allergy & Infectious Diseases

Shireesha Dhanireddy, MD
Professor
Department of Medicine
Medical Director, Infectious Diseases and
Travel Medicine Clinic

Christine Johnston, MD, MPH, FIDSA
Associate Professor
Division of Allergy & Infectious Diseases
Associate Director
Infectious Diseases Fellowship Training
Program
Associate Medical Director
UW Virology Research Clinic

Victoria Jane Lopez Konold, MD
Assistant Professor
Pediatric Infectious Diseases
Seattle Childrens Hospital

Ania Lang, MD, PhD
Clinical Assistant Professor
Division of Allergy & Infectious Diseases
Associate Director, Allergy & Immunology
Training Program

Peter Rabinowitz, MD, MPH
Professor
Departments of Occupational Health
Sciences, Family Medicine, and Global
Health

UW Faculty

Emily ‘Addie’ Bardolph, MD
Clinical Instructor
Division of General Internal Medicine

Alson K. Burke, MD
Assistant Professor
Department of Obstetrics & Gynecology
Physician, Harborview Medical Center

Lydia Chwastiak, MD, MPH, FACP
Professor
Psychiatry and Behavioral Sciences

Maegan A. Dirac, MD, PhD
Acting Assistant Professor
Health Metrics Sciences and Family
Medicine

Mark Duncan, MD
Assistant Professor
Department of Psychiatry & Behavioral
Sciences
Psychiatrist, UWMC and UW Medicine

Nicole Gentile, MD, PhD
Assistant Professor
INSPIRE Clinical Site Co-Investigator
Department of Family Medicine
Department of Laboratory Medicine &
Pathology

Tanya Greywal, MD, FAAD
Acting Instructor
Division of Dermatology
Director of Laser and Cosmetic Surgery
Eastside Specialty Center

Corinne Heinen, MD, FAAFP
Clinical Associate Professor
Department of Family Medicine
Physician Lead, Transgender/Gender Non-
Binary Health Program
Director, UWSOM LGBTQ Health
Student Pathway

Irl Hirsch, MD, MACP
Professor and Diabetes Treatment and
Teaching Chair
Professor of Medicine
Division of Metabolism, Endocrinology &
Nutrition

Paul James, MD
Professor and Chair
Department of Family Medicine

Douglas Leedy, MD
Fellow
Division of Cardiology

David Mariuma, MD
Clinical Assistant Professor
Division of Nephrology

Catherine McCall, MD
Acting Assistant Professor
Psychiatry and Behavioral Sciences

John O’Kane, MD
Professor
Departments of Family Medicine and
Orthopaedics
Medical Director Intercollegiate Athletics

Jaqueline Raetz, MD
Associate Professor
Department of Family Medicine

David Siebert, MD, CAQSM
Assistant Professor
Department of Family Medicine

Angad Singh, MD
Family Physician
Physician Lead, EHR Optimization and
Support
Physician Lead, Clinical Informatics

Ramanpreet Toor, MD
Assistant Professor
Department of Psychiatry and Behavioral
Sciences

Jay Vary, MD, PhD
Associate Professor
Division of Dermatology

Eugene Yang, MD, MS, FACC
Clinical Professor
Division of Cardiology
Carl and Renée Behnke Endowed
Professorship for Asian Health
Medical Director, UW Medicine Eastside
Specialty Center

Agenda

Monday, September 12, 2022

8:00 Welcome and Course Introduction

Grace Shih, MD

8:15 Health Equity in Sexual Health

David Malebranche, MD

9:00 Updates and Current Issues in Immunizations

John B. Dunn, MD, MPH

9:45 Gender Affirming Medication Management in Transmasculine Patients

Corinne Heinen, MD, FAAFP

10:30 Break

10:45 Management of CKD: New Therapies and Updates

David Mariuma, MD

11:30 Depression Treatment: First Line, Second Line, and Beyond

Ramanpreet Toor, MD

12:15 Lunch break

1:00 How to Recognize Common Dermatologic Conditions

Tanya Greywal, MD

1:45 Update on Medication and Management of Dementia

Jaqueline Raetz, MD

2:30 Adjourn

Tuesday, September 13, 2022

7:55 Welcome Remarks

Grace Shih, MD

8:00 USPSTF Updates

Alexander Krist, MD

8:45 Top 10 Dermatology Referrals

Jay Vary, MD, PhD

9:30 ECG Interpretation: Arrhythmias, Blocks, MI's

Douglas Leedy, MD

10:15 Break

10:30 What PCP's Need to Know About HbA1C

Irl Hirsch, MD

11:15 Bring Your Difficult Diabetes Cases

Irl Hirsch, MD

12:00 Lunch break

1:00 Social Determinants of Health: Bridging Theory and Practice

Angad Singh, MD

1:45 Open Mic: Ask an ID Expert

Paul Pottinger, MD, FACP, FIDSA

2:30 Adjourn

Wednesday, September 14, 2022

7:55 Welcome Remarks
Grace Shih, MD

8:00 Top 10: Evidence Based Medicine Updates From The Medical Literature
Frank Domino, MD

8:45 Knee Pain: Clinical Pearls from a Primary Care Physician
John O'Kane, MD

9:30 Management of Psychosis
Lydia Chwastiak, MD, MPH, FACLP

10:15 Break

10:30 Gynecologic Care in Gender Diverse Patients
Alson Burke, MD

11:15 MSK Point-of-Care Ultrasound: Practice Tips and Tricks
David Siebert, MD, CAQSM

12:00 Lunch break

1:00 Identifying Opioid Use Disorder in Patients with Chronic Non- Cancer Pain
Matt Perez, MD

1:45 Post-Acute Sequelae of COVID-19 for PCPs
Nicole Gentile, MD, PhD

2:30 Adjourn

Thursday, September 15, 2022

7:55 Welcome Remarks
Grace Shih, MD

8:00 A Conversation About Guidelines
Paul James, MD & Eugene Yang, MD, MS, FACC

8:45 Tobacco Cessation
Mark Duncan, MD

9:30 Vaginitis & Vulvar Dermatology
Addie Bardolph, MD

10:15 Break

10:30 Insomnia: Best Practices for Evaluation and Management
Catherine McCall, MD

11:15 Cervical Cancer Screening Guidelines & Self-Swab
Margaret Chin, MD

12:00 Adjourn

Schedule Subject to Change
All Times in Pacific

Register Online: www.uwcme.org

INFECTIOUS DISEASE UPDATE DESCRIPTION

We are excited to offer a one-day mini-course focused on Infectious Diseases Updates for the busy Family Medicine & Primary Care provider. While you have been distracted by COVID-19, ID care has advanced in many other areas! Please join us and get back up to speed with new information on STI's, Emerging Infections, UTI, Respiratory Infections, Antibiotic Allergies, HIV prevention, Pediatric Infections, and more!

OBJECTIVES

Upon completion of this session, attendees should be able to:

- Diagnose and treat sexually-transmitted infections in accordance with updated national guidelines.
- Acquire the tools to offer HIV Pre-Exposure Prophylaxis in your practice.
- Counsel pediatric patients~ and their parents~ on the appropriate use of antibiotics, using evidence-based communication techniques.
- Assess antibiotic allergies in primary care~ quickly, safely and reliably.
- Review major drug-drug interactions when prescribing antibiotics for recurrent UTI and respiratory tract infections in older patients.

Friday, September 16, 2022

8:05 Welcome Remarks
Paul Pottinger, MD, FACP, FIDSA

8:15 PrEP for Primary Care
Jehan Budak, MD

9:00 STI Treatment Update
Christine Johnston, MD, MPH

9:45 Break

10:00 Pediatric ID Update
Victoria Konold, MD

10:45 Antibiotic Allergies: The Itchy & Scratchy Show
Ania Lang, MD, PhD

11:30 COVID Therapeutics
Shireesha Dhanireddy, MD

12:15 Lunch break

1:00 The problems you love to hate, and hate to love: rUTI & RTI
Paul Pottinger, MD

1:45 Get Ready: Emerging Infections
Peter Rabinowitz, MD, MPH

2:30 Adjourn

Schedule Subject to Change
All Times in Pacific